

# Alcohol Use Disorders Identification Test (AUDIT)

1. How often do you have a drink containing alcohol?

- never (0 point)
- less than monthly / monthly (1 point)
- 2-4 times/month (2 points)
- 2-3 times/week (3 points)
- 4 or more times/week (4 points)

2. How many standard drinks containing alcohol do you have on a typical day drinking?

- 1 or 2 (0 point)
- 3 or 4 (1 point)
- 5 or 6 (2 points)
- 7 or 9 (3 points)
- 10 or more (4 points)

3. How often do you have six or more drinks on one occasion?

- never (0 point)
- less than monthly (1 point)
- monthly (2 points)
- weekly (3 points)
- daily or almost daily (4 points)

4. How often during the last year have you found that you were not able to stop drinking once you had started?

- never (0 point)
- less than monthly (1 point)
- monthly (2 points)
- weekly (3 points)
- daily or almost daily (4 points)

5. How often during the last year have you failed to do what was normally expected from you because of drinking?

- never (0 point)
- less than monthly (1 point)
- monthly (2 points)
- weekly (3 points)
- daily or almost daily (4 points)

6. How often during the last year have you needed a drink in the morning to get yourself going after a heavy drinking session?

- never (0 point)
- less than monthly (1 point)
- monthly (2 points)
- weekly (3 points)
- daily or almost daily (4 points)

7. How often during the last year have you had a feeling of guilt or remorse after drinking?

- never (0 point)
- less than monthly (1 point)
- monthly (2 points)
- weekly (3 points)
- daily or almost daily (4 points)

8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?

- never (0 point)
- less than monthly (1 point)
- monthly (2 points)

\_\_\_ weekly (3 points)

\_\_\_ daily or almost daily (4 points)

9. Have you or someone else been injured as a result of your drinking?

\_\_\_ no (0 point)

\_\_\_ yes, but not in the last year (2 points)

\_\_\_ yes, during the last year (4 points)

10. Has a relative, friend, doctor or health worker been concerned about your drinking or suggested you cut down?

\_\_\_ no (0 point)

\_\_\_ yes, not during the last year (2 points)

\_\_\_ yes, during the last year (4 points)

**Scoring:**

•Each question can have a score of 0-4.

•Maximum score =40