

MAINTENANCE RESOURCES

Clinical Guidance

- [NIDA Quick Screen](#) The NIDA Quick Screen can be used in clinical practice to screen patients for substance use disorders (*Source: NIDA*)
- [PCSS-MAT Guidance: Treatment of Acute Pain in Patients Receiving Buprenorphine / Naloxone](#) [PDF] This article provides guidance on the management and treatment of acute pain in patients receiving buprenorphine/naloxone (*Source: PCSS*)
- [Principles of Drug Addiction Treatment, A Research-Based Guide](#) Provides a general overview of the principles that characterize effective treatment for drug addiction, and can be used to introduce staff and patients to this topic (*Source: NIDA*)
- [TIP 54: Managing Chronic Pain in Adults With or in Recovery From Substance Use Disorders](#) Practical tools and guidance for treating chronic pain in adults who have a history of substance use disorders. Topics include chronic pain management, treatment with opioids, substance abuse assessments and referrals (*Source: SAMHSA*)

Additional Resources

- [Behavioral Health Treatment Services Locator](#) An online source to locate treatment facilities in the United States or U.S. Territories for substance abuse/addiction and/or mental health problems (*Source: SAMHSA*)
- [Buprenorphine Product Formulations Comparison](#) [PDF] Describes the different formulations of buprenorphine for treatment of opioid use disorder. Includes Brand Names, How Supplied, Dosage, Maintenance Target Dose, and Instructions for Use (*Source: Clinical Tools, Inc.*)
- [Clinical Pathway for Buprenorphine](#) [PDF] This flow chart displays the steps to patient recovery – screening/assessment, intake, induction, day #2, stabilization, maintenance, and medical withdrawal (*Source: Clinical Tools, Inc.*)
- [Narcotics Anonymous: Find A Meeting](#) Provides a search form for regional branches of Narcotics Anonymous to help you locate meetings (*Source: NA World Services, Inc.*)
- [Protracted Withdrawal](#) Bulletin describes the phenomenon of protracted withdrawal from addictive substances, including opioids, lasting months to years (*Source: SAMHSA*)
- [Relapse Prevention and the Five Rules of Recovery](#) Describes the main ideas in relapse prevention (*Source: Yale Journal of Biology and Medicine*)
- [Sleep Hygiene Tips](#) List of sleep hygiene tips that can be used to improve sleep (*Source: CDC*)