

## Effect of Diabetes Medications on Weight

The following resource is intended to give providers a quick tool for comparing various diabetes medications effect on weight. The information on this page is not intended to serve as a comprehensive list of all diabetic medications effects. This resource was up to date as of May, 2015. For the latest and most complete information, view the medication's latest package insert.

### Weight-Losing Medications:

- GLP-1 agonists  
(*Exenatide, liraglutide*)
- Biguanide  
(*Metformin*)
- SGLT2 inhibitors  
(*Canagliflozin, dapagliflozin, empagliflozin*)
- Synthetic amylin analog  
(*Pramlintide*)

### Weight-Neutral Medications:

- Dipeptidyl peptidase-4 (DPP-4) inhibitors  
(*Saxagliptin, sitagliptin, linagliptin*)
- Alpha-glucosidase inhibitors  
(*Acarbose, miglitol*)

### Weight-Gaining Medications:

- Meglitinides  
(*Repaglinide, nateglinide*)
- Sulfonylureas  
(*Glipizide, glimepiride, glyburide*)
- Insulin

(Mayo Clinic, 2011)

### References:

Mayo Clinic Staff. Diabetes treatment: Medications for type 2 diabetes. *Mayo Clinic Website*. 2011. Available at: <http://www.mayoclinic.org/diseases-conditions/type-2-diabetes/in-depth/diabetes-treatment/art-20051004?pg=2> Accessed on: 2014-06-06.