

CLINICAL ENCOUNTERS: ALCOHOL RESOURCES

Screening for Alcohol Use Problems

- [Alcohol Use Disorders Identification Test \(AUDIT\)](#) This 10 question survey is widely used in many health care settings to screen and assess for alcohol use problems. The first three questions can be used as a screen, followed by completion of the remaining seven questions if any of the first three are positive.
 - [Alcohol Screening and Brief Intervention for Youth](#) This pocket guide is condensed from the NIAAA Guide, Alcohol Screening and Brief Intervention for Youth: A Practitioner's Guide. It was produced in collaboration with the American Academy of Pediatrics.
 - [Assessment of alcohol withdrawal: the revised clinical institute withdrawal assessment for alcohol scale \(CIWA-Ar\)](#) Assessment instrument for withdrawal from alcohol.
 - [NIAAA Clinician's Guide: Helping Patients Who Drink Too Much](#) This Guide is written for primary care and mental health clinicians. It has been produced by the National Institute on Alcohol Abuse and Alcoholism (NIAAA), a component of the National Institutes of Health, with guidance from physicians, nurses, advanced practice nurses, physician assistants, and clinical researchers.
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Assessment and Diagnosis of Alcohol Use Disorder

- [VA/DoD Clinical Practice Guideline for the Management of Substance Use Disorders](#) 2015 version. 169 pages.
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Brief Interventions

- [Center for Substance Abuse Treatment \(CSAT\)](#) The Center for Substance Abuse Treatment (CSAT) promotes the quality and availability of community-based substance abuse treatment services for individuals and families who need them. CSAT works with States and community-based groups to improve and expand existing substance abuse treatment services under the Substance Abuse Prevention and Treatment Block Grant Program. CSAT also supports SAMHSA's free treatment referral service to link people with the community-based substance abuse services they need (From their Website).
 - [National Recovery Month](#) Recovery Month is an annual observance that takes place during the month of September. The Recovery Month Website aims to promote the societal benefits of alcohol and drug use disorder treatment, laud the contributions of treatment providers, and promote the message that recovery from alcohol and drug disorders in all its forms is possible (From their Website).
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Motivational Interviewing

- [Motivational Enhancement Therapy Manual](#) A clinical research guide for therapists treating individuals with alcohol abuse and dependence using Motivational Enhancement Therapy.
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Basic Treatment for Alcohol Use Problems

- [Alcoholics Anonymous](#) Alcoholics Anonymous® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety (From their Website).
 - [Alcoholics Anonymous Meeting Locator](#) Provides a directory of AA chapters.
 - [Alcohol Use Disorders Identification Test \(AUDIT\)](#) The 10-question Alcohol Use Disorders Identification Test (AUDIT) was developed by the World Health Organization (WHO) specifically for primary care settings as a screen for detecting at-risk or hazardous drinking. A shorter version of the AUDIT also is used in primary care and consists of the first 3 questions of the AUDIT.
 - [Screening, Brief Intervention, and Referral to Treatment](#) SBIRT is a comprehensive, integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorders, as well as those who are at risk of developing these disorders. Primary care centers, hospital emergency rooms, trauma centers, and other community settings provide opportunities for early intervention with at-risk substance users before more severe consequences occur (From Their Website)
 - [SMART Recovery: Self-Management and Recovery Training](#) SMART Recovery® is the leading self-empowering addiction recovery support group. Our participants learn tools for recovery based on the latest scientific research and participate in a world-wide community which includes free, self-empowering, science-based mutual help groups. SMART Recovery® helps people recover from all types of addiction and addictive behaviors, including: alcoholism, drug abuse, drug addiction, substance abuse, alcohol abuse, gambling addiction, cocaine addiction, and addiction to other substances and activities (From their Website).
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Treatment for Alcohol Use Problems: Advanced Concerns

- [AlcoholAnswers Treatment Provider Locator](#) Provides a directory of alcohol treatment specialists.

- [Alcoholics Anonymous Meeting Locator](#) Provides a directory of AA chapters.
 - [American Society of Addiction Medicine \(ASAM\)](#) The American Society of Addiction Medicine (ASAM) is an organization dedicated to increase access to and improve the quality of addiction treatment, educate physicians (including medical students and osteopathic students), other health care providers and the public, to support research and prevention, to promote the appropriate role of the physician in the care of patients with addiction, and to establish addiction medicine as a specialty (From their Website).
 - [American Society of Addiction Medicine \(ASAM\) Member Directory](#) This is the American Society of Addiction Medicine's member directory which allows users to search by physician first name, last name, city, state, and specialty to find ASAM certified providers.
 - [Project MATCH: Matching Alcoholism Treatments to Client Heterogeneity](#) Project MATCH was a multisite clinical trial of alcohol treatment, designed to test a series of a priori hypotheses on how patient-treatment interactions relate to outcome. It is supported by the NIAAA (From their Website).
 - [SAMHSA Substance Abuse Treatment Program Locator](#) A alcohol use treatment provider locator search engine tool for patients.
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Biological Effects of Alcohol Misuse

- [NIDA: Drugs and the Brain](#) An introduction of the human brain, with descriptions of how the brain communicates, and how drugs work in the brain.
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Alcohol Pharmacotherapy

- [NIAAA Clinician's Guide: Helping Patients Who Drink Too Much](#) This Guide is written for primary care and mental health clinicians. It has been produced by the National Institute on Alcohol Abuse and Alcoholism (NIAAA), a component of the National Institutes of Health, with guidance from physicians, nurses, advanced practice nurses, physician assistants, and clinical researchers.
- [NIDA: Drugs and the Brain](#) An introduction of the human brain, with descriptions of how the brain communicates, and how drugs work in the brain.
- [Prescribing Medications for Alcohol Use Disorders](#) This document provides clinicians with information on the available medications prescribed for alcohol use disorders, as well as guidance on how to appropriately choose and manage the medication for a particular patient.
- [The American Psychiatric Association practice guideline for the pharmacological treatment of patients with Alcohol Use Disorder](#) Evidence-based guidelines on treatment of alcohol use disorder using pharmacotherapy, but also mentioning assessment and treatment.
- [VA/DoD Clinical Practice Guideline for the Management of Substance Use Disorders](#) 2015 version. 169 pages.