

SBIRTRAINING

SBIRT CORE TRAINING ACTIVITY RESOURCES

Screening for Hazardous Substance Use

- [Implementing Care for Alcohol and Drug use in Medical Settings](#) This "SBIRT Change Guide" was developed by the National Council for Behavioral Health with funding from the Substance Abuse and Mental Health Services Administration (SAMHSA). Published February 2018.
- [Alcohol Use Disorders Identification Test \(AUDIT\)](#) The 10-question Alcohol Use Disorders Identification Test (AUDIT) was developed by the World Health Organization (WHO) specifically for primary care settings as a screen for detecting at-risk or hazardous drinking. A shorter version of the AUDIT also is used in primary care and consists of the first 3 questions of the AUDIT.
- [ASSIST](#) ASSIST Questionnaire
- [AUDIT Scoring Guide](#) Printable PDF version of the AUDIT substance abuse screening tool with information on how many points each answer response gets.
- [CAGE-AID](#) CAGE-AID Questionnaire
- [Commentary: DSM-5 New Addiction Terminology, Same Disease](#) Brief critique and explanation of the changes in terminology and classification for substance use disorder as described in DSM-5. The author highlights the impact of the changes in vocabulary as well as the potential fallacies created by them.
- [CRAFT](#) CRAFT Questionnaire
- [DAST](#) 28 item screening tool for drug use available through US Preventive Services.
- [Health Effects of Alcohol: What You Need to Know](#) NIAAA overview of health effects of alcohol
- [Helping Smokers Quit – A Guide for Clinicians](#) A website that explains the 5 A's for tobacco cessation.
- [K6 Screening Scale](#) The K6 Screening Scale is a brief interview for detecting psychiatric disorders in individuals with substance use disorders.
- [MAST-G](#) The MAST-G (Michigan Alcoholism Screening Test-Geriatric Version) varies from the MAST in that the questions highlight the special employment and social situations of someone who is retired and how that can relate to alcohol abuse. The tool consists of 24 questions.
- [Medical Consequences of Drug Abuse](#) Collection of web pages on medical effects of drug addiction organized by organ systems.
- [NIAAA Alcohol Screening and Brief Intervention for Youth](#) NIAAA guide for practitioners on alcohol screening and brief interventions for youth
- [NIAAA Clinician's Guide: Helping Patients Who Drink Too Much](#) This Guide is written for primary care and mental health clinicians. It has been produced by the National Institute on Alcohol Abuse and Alcoholism (NIAAA), a component of the National Institutes of Health, with guidance from physicians, nurses, advanced practice nurses, physician assistants, and clinical researchers.
- [NIAAA Screening Pocket Guide](#) The NIAAA's pocket guide on how to screen for heavy drinking

- [NIDA Quick Screen – Online](#) The NIDA quick screen is an online screening tool for substance abuse filled out by the patient. Based on the patient's responses, it generates a substance involvement score that suggests the level of intervention needed. This is the short, online version of the longer screening tool, the NIDA Modified ASSIST.
- [NM ASSIST Screening Tool](#) The NM ASSIST (NIDA-Modified Alcohol, Smoking, and Substance Involvement Screening Test) clinicians through a short series of screening questions and, based on the patient's responses, generates a substance involvement score that suggests the level of intervention needed.
- [SAMHSA Substance Use Disorders](#) SAMHSA's breakdown on changes to substance-related addictive disorder diagnoses introduced by DSM-5.
- [Screening for Drug Use in General Medical Settings](#) Screening for Drug Use in General Medical Settings: Resource Guide
- [Substance Use Screening, Brief Intervention, and Referral to Treatment for Pediatricians](#) Published online October 31, 2011
PEDIATRICS Vol. 128 No. 5 November 2011, pp. e1330-e1340 (doi:10.1542/peds.2011-1754)
- [The Health Consequences of Smoking—50 Years of Progress: A Report of the Surgeon General, 2014](#) This comprehensive report chronicles the devastating consequences of 50 years of tobacco use in the United States (from the website).
- [TIP 42: Substance Abuse Treatment for Persons With Co-Occurring Disorders](#) This guideline provides in-depth information on co-occurring substance use and mental disorders, including terminology, detection and treatment. It also includes examples of common screening instruments for co-occurring disorders.
- [Tobacco, alcohol, and other drugs: The role of the pediatrician in prevention, identification, and management of substance abuse.](#) American Academy of Pediatrics policy statement on the role of the pediatrician in prevention, identification, and management of substance abuse. Revised in 2005
- [Tobacco Use Assessment Form](#) Tobacco Use Assessment Form
- [Treating Tobacco Use and Dependence: 2008 Update](#) Treating Tobacco Use and Dependence: 2008 Update, sponsored by the Public Health Service, includes new, effective clinical treatments for tobacco dependence that have become available since the 2000 Guideline was published. This update will make an important contribution to the quality of care in the United States and to the health of the American people. (From Their Website)
- [TWEAK](#) The TWEAK screening test consists of five questions designed to screen pregnant women for harmful drinking habits. The tool consists of questions from the CAGE as well as the MAST, regarding tolerance and amnesia.
- [VA/DoD Clinical Practice Guideline for the Management of Substance Use Disorders Stabilization Pocket Card](#) A reference tool used to provide clinicians with stabilization resources for substance use disorder within active duty and veteran populations, including resources on pharmacological treatment and substance titration.

Brief Interventions and Other Treatments

- [Implementing Care for Alcohol and Drug use in Medical Settings](#) This "SBIRT Change Guide" was developed by the National Council for Behavioral Health with funding from the Substance Abuse and Mental Health Services Administration (SAMHSA). Published February 2018.

- [Medication for the Treatment of Alcohol Use Disorder: A Brief Guide](#). Substance Abuse and Mental Health Services Administration and National Institute on Alcohol Abuse and Alcoholism. HHS Publication No. (SMA) 15-4907. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2015.
- [Critical Mental Health Resources for College Students](#) Guide discussing the most common mental health issues facing students, and clearly outlines several options for finding treatment and support.
- [Helping Smokers Quit – A Guide for Clinicians](#) A website that explains the 5 A's for tobacco cessation.
- [Medicare Learning Network](#) Education and information on Medicare policy changes for fee-for-service providers.
- [NIAAA Alcohol Screening and Brief Intervention for Youth](#) NIAAA guide for practitioners on alcohol screening and brief interventions for youth
- [NIAAA Clinician's Guide: Helping Patients Who Drink Too Much](#) This Guide is written for primary care and mental health clinicians. It has been produced by the National Institute on Alcohol Abuse and Alcoholism (NIAAA), a component of the National Institutes of Health, with guidance from physicians, nurses, advanced practice nurses, physician assistants, and clinical researchers.
- [Patient Handout: Basics of Nicotine](#) Patient handout with information on the basics of nicotine.
- [Patient Handout: Withdrawal Symptoms](#) Printable handout about tobacco withdrawal.
- [Patient Handout for Teens: Dealing With Physical Withdrawal Symptoms](#) Printable Handout about Tobacco Withdrawal for teens.
- [Patient Materials from NIDA](#) Links to online tools, patient handouts, videos, and booklets on various aspects of drug use to support your practice
- [Rethinking Drinking](#) The Rethinking Drinking Web site and booklet have been produced by the National Institute on Alcohol Abuse and Alcoholism (NIAAA), a part of the National Institutes of Health. The NIAAA is the lead U.S. agency supporting research on the causes, consequences, prevention, and treatment of alcohol-related problems. The content of Rethinking Drinking draws largely from the results of major NIAAA population studies and clinical trials. (From Their Website)
- [SBIRT Readiness Ruler](#) This pocket-sized card assists clinicians with performing brief interventions.
- [Substance Use Screening, Brief Intervention, and Referral to Treatment for Pediatricians](#) Published online October 31, 2011 PEDIATRICS Vol. 128 No. 5 November 2011, pp. e1330-e1340 (doi:10.1542/peds.2011-1754)
- [Treating Tobacco Use and Dependence: 2008 Update](#) Treating Tobacco Use and Dependence: 2008 Update, sponsored by the Public Health Service, includes new, effective clinical treatments for tobacco dependence that have become available since the 2000 Guideline was published. This update will make an important contribution to the quality of care in the United States and to the health of the American people. (From Their Website)

Referral to Treatment & Follow-Up Care

- Alcohol Answers [Treatment Provider Locator](#) Provides a directory of alcohol treatment specialists.

- [Alcoholics Anonymous Meeting Locator](#) Provides a directory of AA chapters.
- [American Society of Addiction Medicine \(ASAM\) Member Directory](#) This is the American Society of Addiction Medicine's member directory which allows users to search by physician first name, last name, city, state, and specialty to find ASAM certified providers.
- [Applying the Substance Abuse Confidentiality Regulations to Health Information Exchange](#) Issues involved in applying the Substance Abuse Confidentiality Regulations to Health Information Exchange
- [Celebrate Recovery](#) A faith-based recovery group with meetings available nationally.
- [Life Ring Recovery Groups](#) LifeRing is a network of support groups for people who want to live free of alcohol and other addictive drugs. Supports treatment that is matched to the needs of the individual. Meetings work through positive social reinforcement.
- [Narcotics Anonymous Meeting Locator](#) Based on area code, this website provides websites and locations for NA meetings.
- [NIAAA Clinician's Guide: Helping Patients Who Drink Too Much](#) This Guide is written for primary care and mental health clinicians. It has been produced by the National Institute on Alcohol Abuse and Alcoholism (NIAAA), a component of the National Institutes of Health, with guidance from physicians, nurses, advanced practice nurses, physician assistants, and clinical researchers.
- [NIDA Quick Screen – Online](#) The NIDA quick screen is an online screening tool for substance abuse filled out by the patient. Based on the patient's responses, it generates a substance involvement score that suggests the level of intervention needed. This is the short, online version of the longer screening tool, the NIDA Modified ASSIST.
- [NM ASSIST](#) NM ASSIST Questionnaire
- [Principles of Drug Addiction Treatment: A Research Based Guide](#) Includes answers to FAQs regarding drug addiction treatment.
- [Rational Recovery](#) An addiction recovery support group network that is an alternative to 12-step programs.
- [REFERRAL FORM](#) Referral form for sending information to specialists in substance abuse treatment.
- [SAMHSA Substance Use Disorders](#) SAMHSA's breakdown on changes to substance-related addictive disorder diagnoses introduced by DSM-5.
- [State Policies on Minors' Rights and Consent](#) Minors' Right to Consent to Health Care and to Make Other Important Decisions
- [Substance Abuse Treatment Facility Locator](#) Searchable directory of drug and alcohol treatment programs. Includes more than 11,000 addiction treatment programs for marijuana, cocaine, heroin, and alcohol.
- [Substance Use Disorders: A Guide to the Use of Language](#) A guide for using non-stigmatizing language when working with patients who have substance use disorders.
- [Substance Use Screening, Brief Intervention, and Referral to Treatment for Pediatricians](#) Published online October 31, 2011 PEDIATRICS Vol. 128 No. 5 November 2011, pp. e1330-e1340 (doi:10.1542/peds.2011-1754)
- [The ASAM Criteria](#) Described on the ASAM website as, "the most widely used and comprehensive set of guidelines for placement, continued stay and transfer/discharge of patients with addiction and co-occurring conditions.

- [The ASAM National Practice Guideline](#) This document describes the 2015 ASAM assessment and pharmacological treatment options for patients with opioid use disorder.
- [VA/DoD Clinical Practice Guideline for the Management of Substance Use Disorders Screening and Treatment Pocket Card](#) A reference tool used to provide clinicians with screening and treatment resources for substance use disorder within active duty and veteran populations, including resources on brief interventions and pharmacological treatment.
- [VA/DoD Clinical Practice Guideline for the Management of Substance Use Disorders Stabilization Pocket Card](#) A reference tool used to provide clinicians with stabilization resources for substance use disorder within active duty and veteran populations, including resources on pharmacological treatment and substance titration.
- [VA/DoD Management of Substance Use Disorders](#) This Clinical Practice Guideline is intended to provide primary care clinicians and other healthcare providers with a framework by which to evaluate, treat, and manage the individual needs and preferences of patients with substance use disorders (SUD), leading to improved clinical outcomes. (From the website.)
- [Women for Sobriety](#) Women For Sobriety, Inc. is a non-profit organization dedicated to helping women overcome alcoholism and other addictions (From their Website).

In Practice

- [AUDIT AUDIT Questionnaire](#)
- [Download Current Joint Commission Hospital Quality Measures](#) The Joint Commission provides downloads and releases notes on the latest quality measures here, including measures for tobacco, alcohol, or drug use.
- [Helping Smokers Quit – A Guide for Clinicians](#) A website that explains the 5 A's for tobacco cessation.
- [NIDA Quick Screen – Online](#) The NIDA quick screen is an online screening tool for substance abuse filled out by the patient. Based on the patient's responses, it generates a substance involvement score that suggests the level of intervention needed. This is the short, online version of the longer screening tool, the NIDA Modified ASSIST.